



# Seabury Meadows Reminder

100 Seabury Drive, Bloomfield, CT 06002 (860) 726-0200

Volume 5 June 2011

## Destination Information



Unfortunately, Robin Glanzrock has resigned her position as Director of Operations and Service at Seabury Meadows. Her last day will be June 16, 2011. She will continue sharing her expertise in the aging services field, and she will be missed by all who have been a part of the Seabury Meadows family.

As of June 17, 2011, Emily Lauder will assume the role of Director of Operations and Services at Seabury Meadows. She has served as the Director of Therapeutic Recreation and Service Coordinator Designee for the past two years. She will continue to oversee the provisions of the Activities department until a qualified replacement is found.

Please join us in wishing Robin well, and welcoming Emily in her new role.

## Vital 411 with Joyce



June is Skin Cancer Prevention Month. Having someone in the family with skin cancer heightens one's awareness each day we feel the sunshine. Using wide brimmed hats when you are doing outside yard work (not that I do that much) and putting on sunscreen is a huge step in the right direction with regard to prevention. Many of the medications that our residents take on a routine basis make them even more susceptible to sunburn. Keeping hydrated is also key. During this month, please bring in some hats, sunscreen and cooler type clothing for your loved ones. Also, remember to love the skin you're in!  
**PROTECT IT !**

## Summer Attire & Sunscreen



Summer is in the air and on the horizon!

On your next visit, please take a peek in your loved one's closet to see that short sleeves and lighter clothing are easily accessible.

We always welcome hats of all styles and sunscreen to shield the sun when we are outdoors for activities.

Please also ensure that everything is labeled. If you bring in something new, our staff have plenty of permanent markers and would be more than happy to mark any items you may have.

## Save This Important Date!

We know July seems far away, but the Summer is just around the corner...and you know what that means...

### OUR ANNUAL FAMILY PICNIC!



This year, we are in for a TREAT! We are having an Italian Night that will be the best Family Night to date!

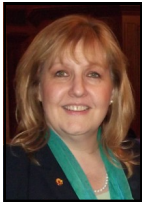
We won't ruin ALL the surprises, but please Save The Date, you truly won't want to miss out!

Tuesday, July 12, 2011 @ 5p.

More Information to COME!

# Seabury Meadows Reminder

## Seabury Meadows Administrative Staff



**Robin Glanzrock**  
Dir. of Operations



**Emily Lauder**  
Memory Support  
Specialist



**Gary Hawes**  
Dir. of Facility Maintenance



**Joyce Farber, RN**  
Dir. of Health Services



**Vinny DiGrazia**  
Dir. of Food Services



**Beth Lomasky-Marketing**  
bethlomasky@  
seaburyretirement.com

## Update: Walk to End Alzheimer's

Last year, over twenty family members, friends, staff members, and pets participated in the Alzheimer's Association Memory Walk in Hartford, CT in the fall.

**A BIG THANK YOU TO OUR FIRST FAMILY MEMBER TO SIGN UP: JOYCE SAUVE!!!!**

We are set out to do it again and we can't do it without you!

This year, the Alzheimer's Association has replaced the Memory Walk label with the icon and title you see in this article.

The Walk to End Alzheimer's will be held this coming fall on October 2nd, 2011.

Start stretching and thinking of great ways to involve your neighbors, friends, and families! Last year, Seabury Meadows raised \$2000.00 for this event, and we just HAVE TO beat it this year! *Please see Emily Lauder if you know you would like to help such an important cause, and if you would like to be a part of our team!!!* Below are some events hosted by the Alzheimer's Association that are fun ways to be involved as well! See Emily if you would like to attend..

- **Tues. June 7th, 6p-11p, Black Bear Saloon, Hartford, CT: Karaoke Night with food and beverage specials**
- **Tues, June 14th 5p-8p Friendly's Family Fun Night, Enfield, CT. Portion of that evening's proceeds go directly to the Alzheimer's Association.**
- **Fri. Aug. 19th, 7p. Rockcats Family Fun Night, New Britain, CT Tickets \$8.00, with \$4.00 going directly back to the CT Chapter.**

## Important Dates for June 2011

- **Fri. June 3rd @ 10:30a... Mid Morning Music w/Jim Sheehan**
- **Tues. June 7th @ 1:00p...Surprise Graduation/Farewell Party for Bloomfield High School Interns**
- **Weds. June 8th @ 2p...Fashion Fads Display & Discussion with Grace Durgin**
- **Mon. June 13th @ 5:30p...Family Night w/Sandy & Rob**
- **Tues. June 21st @ 2p...June Tunes w/Jeff Wieselberg**

